

Class 2 PHSCE Curriculum



Term	Pupils will learn about	Character Curriculum themes	Targeted RESPECT Characteristics	British Values
Autumn 1	Me and My Relationships Our ideal classroom, How are you feeling today? Bullying or teasing? Types of bullying, Being a good friend How to help someone who is unhappy	Samuel Pepys How can we keep safe from fire? How do we stop germs from spreading?	Resilience, Communication, Teamwork <ul style="list-style-type: none"> ✓ To know when to ask for help and how to get help without asking an adult (self – help) ✓ That sometimes we need to keep trying to be successful and this is ok ✓ How to follow rules and why this is important 	Mutual Tolerance and Respect How should we view homeless people? Who was the first Hijabi wearing firefighter? Individual Liberty Roles of Women in the emergency services
Autumn 2	Valuing Difference What makes us who we are? How do we make others feel? My special people, When someone is feeling left out, An act of kindness, Solving problems			
Spring 1	Keeping Myself Safe Medicines, Safe or unsafe, Making safe choices, Appropriate touching, Who can help me? Some secrets should never be kept	The Queen Why is it important for us to keep ourselves healthy? Why is it important to help charities? What charities is Prince William a patron of?	Resilience, Passion, Teamwork: <ul style="list-style-type: none"> ✓ To keep trying ✓ To better regulate their behaviours through self-control ✓ To know how to keep themselves safe when meeting new people ✓ To work as a team to achieve outcomes 	What are our British Values? What does it mean to be British? Democracy/Rule Of Law What power does the queen have? The prime minister? How are laws made?
Spring 2	Rights and Responsibilities Current affairs (mental health), Fact or opinion? Rights, responsibilities and duties, Voluntary groups, Spending wisely, Debt and money lending, Local councils			
Summer 1	Being my Best You can do it! My day, Harold's postcard – helping us to keep clean and healthy, Dental hygiene, My body needs... What does my body do?	Pocahontas How can we show we appreciate each other? What can we do if we think something is unfair?	Empathy, Self-aware, Communication: <ul style="list-style-type: none"> ✓ How to be polite to others ✓ To be thoughtful of others and be kind ✓ How to talk clearly and give accurate instructions ✓ To listen to feedback from others ✓ To be self critical/ reflective 	Individual Liberty Respect and dignity; consent; appreciation; roles of men and women Mutual Tolerance and Respect Changing religions; exploring another culture
Summer 2	Growing and Changing Positive feedback, Losing things, Haven't you grown! Body parts (Naming Penis, vulva, testicles and nipples) Respecting privacy Basic first aid			

Red text is non-statutory and parents have the right to withdraw