

Year 5 PHSCE Curriculum



Term	Pupils will learn	Character Curriculum themes	Targeted RESPECT Characteristics	British Values
Autumn 1	Me and My Relationships Collaborative working, Give and take, How to be a good friend, What makes a healthy relationship, Being assertive Our emotional needs, Communication	Ed Stafford What is fitness? How can we prepare for what is to come? What are 'needs' and 'wants'? How can we recognise our achievements?	Determined; self-controlled; persistent; positive attitude; inspires; responsible; cares. <ul style="list-style-type: none"> ✓ The importance of having rules ✓ The qualities of a good friend ✓ The importance of trust and respect ✓ How to care for the environment ✓ The importance of teamwork and taking a team member role 	
Autumn 2	Valuing Difference Qualities of friendship, Kind conversations, Happy being me, Living in a diverse society, Can we always believe what we see online? Impact of positive and negative behaviour			
Spring 1	Keeping Myself Safe Habits, Decision dilemmas, Staying safe online, Drugs: true or false? Smoking: what is normal? Taking risks	Nellie Bly What is danger? What is poverty? What are 'needs' and 'wants'? What is pollution?	Courteous; just; gratitude; self-discipline; determination; kind; self-confident. <ul style="list-style-type: none"> ✓ How to care for themselves ✓ How behaviour impacts upon how others see us ✓ To be able to make visitors feel welcome ✓ To identify ways to spot a false rumour 	Role of Law Child Labour laws; Compare with recent law changes Individual Liberty Rights and Responsibilities of the child Mutual Tolerance and Respect Japanese and Egyptian cultures
Spring 2	Rights and Responsibilities Who helps us stay healthy and safe? Human rights, How do we make a difference? Online influences, Role of the bystander in bullying, Organisations who care for the environment, Expenses, Why pay taxes?			
Summer 1	Being my Best Getting fit, Major body organs and their roles, Different skills My school community, Independence and responsibility, Star qualities Basic first aid, including Sepsis Awareness	Ernest Shackleton Why should we raise money? What should we spend money on? How can we live/work with people we do not get on with? What is the difference between a want and a need? How can we care for others? How is the way we live affecting the environment?	Self-discipline; honesty; determined; reflective; positive attitude; decision makes. <ul style="list-style-type: none"> ✓ How to be patient ✓ How to compete in tasks against others ✓ To have the will to succeed ✓ To use self-discipline and control ✓ How to make an honest choice 	Individual Liberty Respect and dignity; consent; appreciation; roles of men and women Mutual Tolerance and Respect Changing religions; exploring another culture
Summer 2	Growing and Changing Good and bad feelings and intensity, Taking notice of our feelings, Separation, More about puberty (Menstruation, erections, wet dreams, Female Genital Mutilation), Growing up and changing bodies, Help! I'm a teenager - get me out of here! Safe and unsafe secrets, stereotypes			

Red text is non-statutory and parents have the right to withdraw

