

Year 4 PHSCE Curriculum



Term	Pupils will learn about	Character Curriculum themes	Targeted RESPECT Characteristics	British Values
Autumn 1	Me and My Relationships Exploring feelings, Positive and negative relationships, Working in teams, Different feelings, When feelings change, Under pressure	Ed Stafford What is fitness? How can we prepare for what is to come? What are 'needs' and 'wants'?	Determined; self-controlled; persistent; positive attitude; inspires; responsible; cares. <ul style="list-style-type: none"> ✓ The importance of having rules ✓ The qualities of a good friend ✓ The importance of trust and respect ✓ How to care for the environment ✓ The importance of teamwork and taking a team member role 	
Autumn 2	Valuing Difference Can you sort it? Personal body space, What is a friend? What would I do if someone is being cruel to another person, The people we share our world with, Stereotypes	How can we recognise our achievements?		
Spring 1	Keeping Myself Safe Danger, risk or hazard? Sharing images online, Dares, Medicines: check the label, Alcohol and tobacco, Keeping ourselves safe, Influencers	Nellie Bly What is danger? What is poverty? What are 'needs' and 'wants'?	Courteous; just; gratitude; self-discipline; determination; kind; self-confident. <ul style="list-style-type: none"> ✓ How to care for themselves ✓ How behaviour impacts upon how others see us ✓ To be able to make visitors feel welcome ✓ To identify ways to spot a false rumour 	Role of Law Child Labour laws; Compare with recent law changes
Spring 2	Rights and Responsibilities Who helps us stay healthy and safe? Human rights, How do we make a difference? Online influences, Role of the bystander in bullying, Organisations who care for the environment, Expenses, Why pay taxes?	What is pollution?		Individual Liberty Rights and Responsibilities of the child
Summer 1	Being my Best What makes me ME! Making choices, Needs of the body and mind, How we can care for the environment, Basic first aid	Ernest Shackleton Why should we raise money? What should we spend money on?	Self-discipline; honesty; determined; reflective; positive attitude; decision makes. <ul style="list-style-type: none"> ✓ How to be patient ✓ How to compete in tasks against others ✓ To have the will to succeed ✓ To use self-discipline and control ✓ How to make an honest choice 	Individual Liberty Respect and dignity; consent; appreciation; roles of men and women
Summer 2	Growing and Changing Moving house, My feelings are all over the place! Puberty and body parts (naming genitalia and introduction to puberty) Preparing for periods, Secrets, Marriage and civil partnerships	How can we live/work with people we do not get on with? What is the difference between a want and a need? How can we care for others? How is the way we live affecting the environment?		Mutual Tolerance and Respect Changing religions; exploring another culture

Red text is non-statutory and parents have the right to withdraw