

## Long Term PE Plan 21-22

| Class     | Autumn 1        | Autumn 2  | Spring 1    | Spring 2             | Summer 1                       | Summer 2                   |
|-----------|-----------------|-----------|-------------|----------------------|--------------------------------|----------------------------|
| Reception | Body management | Dance     | Gymnastics  | Speed Agility Travel | Manipulation &<br>Coordination | Cooperate & Solve problems |
| Class 1   | Run Jump Throw  | Dance     | Gymnastics  | Hit Catch Run        | Attack Defend Shoot            | Send & Return              |
|           |                 |           | Yoga        | Gymnastics           | OAA                            | Attack Defend<br>Shoot     |
| Class 2   | Run Jump Throw  | Dance     | Gymnastics  | Hit Catch Run        | Attack Defend Shoot            | Send & Return              |
|           | OAA             |           | Y3 Swimming |                      | Run Jump Throw                 | Football                   |
| Class 3   | Rounders        | Dance     | Netball     | Gymnastics           | Athletics                      | Football                   |
|           | Basketball      | Tag Rugby | Yoga        | Cricket              | OAA                            | Net/Wall                   |
|           | Y4 Swimming     |           | Y3 Swimming |                      |                                |                            |
| Class 4   | Rounders        | Dance     | Gymnastics  | Hockey               | Athletics                      | Football                   |
|           | OAA             | Tag Rugby | Netball     | Cricket              | Basketball                     | Net/Wall                   |
|           | Y4 Swimming     |           |             |                      | Y5/6 Swimming                  |                            |
| Class 5   | Rounders        | Dance     | Netball     | Gymnastics           | Athletics                      | Football                   |
|           | Basketball      | Tag Rugby | Hockey      | Cricket              | OAA                            | Badminton                  |