



## VICTORIA LANE ACADEMY

VICTORIA LANE  
COUNDON  
BISHOP AUCLAND  
COUNTY DURHAM  
DL14 8NN

HEADTEACHER – Mrs J Richardson

Phone/Fax: 01388 603588

E mail: [victorialane@durhamlearning.net](mailto:victorialane@durhamlearning.net)

Web: [www.victorialane.durham.sch.uk](http://www.victorialane.durham.sch.uk)

A member of Tudhoe Learning Trust

Monday 29<sup>th</sup> January 2017

Dear FAST members,

Thank you to those of you who were able to attend the recent FAST meeting that was held in school to plan the way forward.

At this meeting it was discussed how future FAST sessions would be run and the following was agreed:

- FAST would stay in school so it is free and convenient but will not be located in the school hall due to the noise.
- There will be one FAST session a month, as near to the start of the month as possible.
- Sessions will begin at 3:15pm when children had been collected from the school yard by parents and end at 5pm.
- Parents will ensure their children are well behaved during the sessions and following instructions e.g. eat with their own family not moving around the tables during the meal.
- FAST members will eat together during the session and pay a £5:00 subscription. Members will take it in turns to come into school and help prepare the meal prior to the session and FAST parents will help clear up the kitchen and dishes after the meal.
- Please can you inform school if you are unable to attend any sessions so extra food is not ordered and prepared to prevent wastage.
- Children are being asked what activities they would like to do and school will arrange these.
- Children have told staff they would prefer not to do the rain dance at the end but to still get into a circle and share any news with the FAST group.
- Activities still be kept are Scribbles but families have a choice of individual or a family one, bingo and the raffle. There will be different activities so the children are fully engaged.
- Special Play is an important part of FAST and will be incorporated into the session for one to one time for FAST child and parent.
- Whenever possible, visits and fun activities will be organised throughout the year e.g. hire of a bouncy castle etc.
- We would really appreciate at the end of FAST if anyone could help us tidy up tables etc. and chairs.

**Next FAST session is on Wednesday 8<sup>th</sup> February 2017 at 3:15pm until 5pm.**

**Lindsay and Emma have kindly volunteered to cook sausages, mash and beans/peas for tea.**

**School will order the sausages from George Bolam prior to this.**

Please can return the form to let us know if you are attending the first session.

Kind Regards

FAST Team

Name of Children who will attend FAST \_\_\_\_\_

We will/will not be attending the FAST session on Wednesday 8<sup>th</sup> February.

Signed \_\_\_\_\_



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